# GOVERNMENT OF ASSAM HEALTH & FAMILY WELFARE DEPARTMENT DISPUR ::: GUWAHATI-781006

### ORDERS BY THE GOVERNOR NOTIFICATION

Dated Dispur, the 23rd April, 2021

No.HLA.274/2020/136: The Health & Family Welfare Department hereby notifies the **Revised Discharge Protocol for COVID-19 patients** (Annexure-A), in supersession of the earlier discharge protocol for COVID-19 patients issued vide Health & Family Welfare Department's earlier communication No.HLA.111/2020/326 dated 24/07/2020.

This notification comes into immediate effect.

(Samir K Sinha, IAS)

Principal Secretary to the Government of Assam Health & Family Welfare Department

Dated Dispur, the 23rd April, 2021

Memo No.HLA.274/2020/ 136-A

Copy to:

- 1. Additional Chief Secretary to Hon'ble Chief Minister, Assam.
- 2. Principal Secretary, Home & Political and Social Welfare Department, Assam.
- 3. Director General of Police, Assam.
- 4. ADGP (L&O)/ ADGP (S), Assam.
- 5. Principal Secretary, Health & Family Welfare Department, Assam.
- 6. Commissioner & Secretary, Transport Department, Assam.
- 7. Chief Executive Officer, Assam State Disaster Management Authority.
- 8. Mission Director, National Health Mission, Assam, Guwahati.
- 9. All Deputy Commissioners, Assam.
- 10. All Superintendents of Police, Assam.
- 11. Director of AYUSH/ Director of Health Services/ Director of Medical Education/ Director of Health Services (FW), Assam.
- 12. All Joint Directors of Health Services, Assam.
- 13. All Principal cum Chief Superintendents/ Superintendents, Medical College & Hospitals, Assam.
- 14. P.S. to Hon'ble Minister, Health & Family Welfare, Assam.
- 15. P.S. to Hon'ble Minister of State, Health & Family Welfare, Assam.
- 16. P.S. to Chief Secretary, Assam, Dispur.
- 17. Any other concerned.

By order etc.

Deputy Secretary to the Government of Assam
Health & Family Welfare Department

#### REVISED DISCHARGE PROTOCOL FOR COVID-19 PATIENTS OF THE STATE OF ASSAM

The revised discharged protocol is aligned with the guidelines on the 3 tire COVID facilities and the categorization of the Patient based on clinical severity as per the Revised Protocol for Management of COVID-19 vide Government Notification No. HLA.274/2020/127, Dated: 7<sup>th</sup> April, 2021.

#### 1) COVID-19 positive and ASYMPTOMATIC

- 1.1) COVID-19 positive asymptomatic patients shall be isolated and treated at the COVID care centre.
- 1.2) Asymptomatic individuals with positive RAT/RTPCR test report who continue to remain asymptomatic during their stay in the isolation ward of the hospital can be discharged on 7<sup>th</sup> day from the date of collection of 1<sup>st</sup> positive sample if the following criteria are met:
  - a) No fever and no symptoms for at least 3 consecutive days before discharge (without use of antipyretics)
  - b) Maintain oxygen saturation (SPO2) above 94% for at-least 3(three) days without oxygen support.
  - c) Negative RAT test.
- 1.3) If the 1<sup>st</sup> repeat RAT test done on 7<sup>th</sup> day is positive, the test shall be repeated every 72 hours till negative.
- 1.4) At the time of discharge, the patient shall be advised home isolation for 10 days (under active surveillance for 3 days and passive surveillance for 7 days).

#### 2) COVID-19 positive and SYMPTOMATIC

- 2.1) All COVID-19 positive symptomatic patients shall be isolated and treated at dedicated COVID Hospital.
- 2.2) The patients shall undergo regular temperature and oxygen saturation (SPO2) monitoring.
- 2.3) The patients can be discharged only after 7 days from the date of collection of 1<sup>st</sup> positive sample, if the following criteria are met:
  - No fever and no symptoms for at least 3 consecutive days before discharge (without use of antipyretics)
  - b) Maintain oxygen saturation (SPO2) above 94% in room air for at-least 3(three) days without oxygen support.
  - c) Negative RAT test.
- 2.4) If the 1<sup>st</sup> repeat RAT test on 7<sup>th</sup> day is positive, the test shall be repeated every 72 hours till negative.
- 2.5) At the time of discharge, the patient shall be advised home isolation for 10 days (under active surveillance for 3 days and passive surveillance for 7 days).

## 3) <u>COVID-19 positive with severe diseases (including immune-compromised patients e.g HIV</u> patients, transplant recipients, malignancy etc.)

Discharged criteria for severe cases will be based on Clinical recovery and negative RT-PCR test (After resolution of Symptoms)

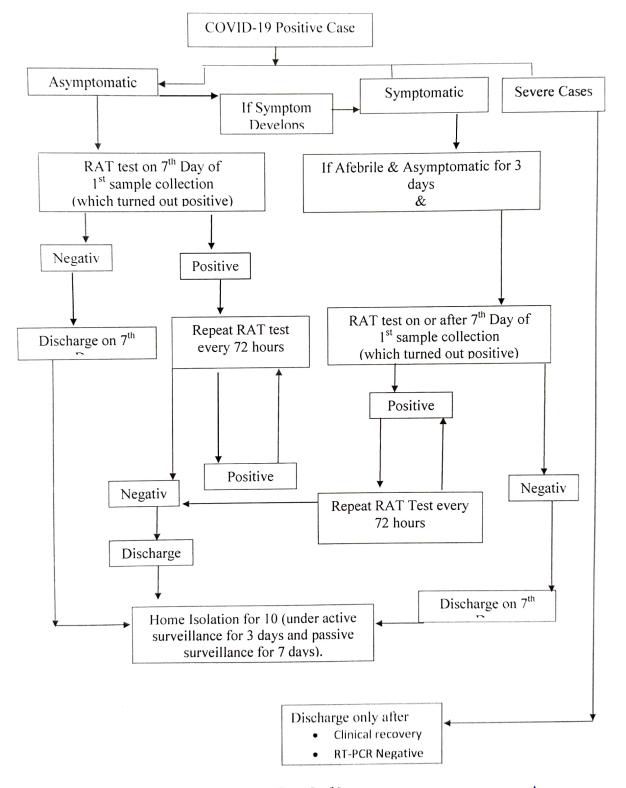
These patients can be discharged from hospital if following criteria are met:

- a) No fever and no symptoms for at least 3 consecutive days before discharge (without use of antipyretics)
- b) Maintain oxygen saturation (SPO2) above 94% in room air for at-least 3(three) days without oxygen support.
- c) Negative RTPCR test.

23.4.22

### Asymptomatic COVID-19 cases on Home Isolation:

Those COVID-19 cases who have opted for home isolation shall intimate to the concerned person of the District Administration for deemed to be discharged on the 7<sup>th</sup> day from the day of 1<sup>st</sup> positive test. No repeat testing is required for those patients. However they have to be on home isolation for another 10 days ((under active surveillance for 3 days and passive surveillance for 7 days).



Page 2 of 2

23.4.2121